



BUTTERFLY PUDDLER

Butterflies get most of the nutrition they need from eating nectar, but they also need salt and other minerals.

To get these important requirements, they suck up puddled water. That's why you'll sometimes see them hanging out on the ground in sand or soil (even poop!)



You can help the important pollinators find the elements they need by creating "butterfly puddlers" in your own backyard.

You'll Need

shallow container (bird bath, pie tin, drip tray from a planter)
sand
soil, composted manure or salt
a few rocks

1. Spread the sand in the shallow container.
2. To provide the salts and amino acids butterflies need, add a small amount of soil or composted manure or a pinch of salt, and then mix with the sand.
3. Place a few rocks in the sand for landing platforms.
4. Add water to moisten the sand, and keep it moistened as it dries out.
5. Keep an eye open for those butterflies!

